

JULY 29- **ARTS & CRAFTS PROJECT – 1:30** – Join Kathy for another fun project to enjoy with your friends.

JULY 30 **ZUMBA GOLD – 1:00 pm** Bring your Zumba skirts and your comfortable shoes and join us for another fun and energetic workout with LAURA. You will not believe you are exercising!
Free to all our members- \$4.00 non-members

SPECIAL THANK YOUS.....

THANK YOU CARL and PATSY for always helping us out!

THANK YOU to our favorite Brownie Troop #1848 – Central School
For donating Girl Scout Cookies to our Senior Center again

Upcoming Events in AUGUST:

Monday Night Concerts –Last Summer Concert **August 2nd**
45 RPM BAND 50'S Sock Hop Band – and our Merchant Night

Thursday, August 5 – Bluefish Baseball Game

Trip to Lasdon Estate Noon Concert

Thursday, August 12 – MET DAY at the Senior Center

Trip to Mohegan Sun or Foxwoods

No Tai Chi classes in July and August

******REMINDER******

Contribution for Lunch is \$3.00

Contribution for Transportation to Senior Center

75 cents round trip 50 cents one way.

Help Keep Our Programs Alive!!!!!!

FREE evening outdoor concerts at Memorial Park
Mondays at 7:00pm transportation provided for residents.

SENIOR MOMENTS NEWSLETTER

Welcome to the Town of Mamaroneck Senior Center Newsletter

“Senior Moments”

*****SUMMER HOURS 10:00AM-3:00PM *****

MONDAYS –Advanced Italian – for the more advanced students. Only Italian spoke throughout this class. Mah Jongg “Book and Its Movie” series

TUESDAYS – Bridge, Board Games and Pokeno

WEDNESDAY – AM and PM shopping to Stop and Shop & CVS
If interested call 381-7840 the day before or by 9:00am on Wed.
If you come for the Nutrition Program you may go shopping after your meal.

Tai Chi – No Tai Chi classes in July and August

Art Class –senior members work in different mediums of art.

Dancercise – Move to popular dances tunes. Have fun & stay in Shape.

THURSDAY – Bridge, Duplicate Bridge, Board Games and Pokeno.

FRIDAY – Special Events and Movies.

TREATS ON TUESDAYS – THANKS TO Jennifer Graziano who will be bringing us goodies every Tuesday!!!!!!

JULY 2- - MOVIE & MUNCHIES 12:40 PM

“DRIVING MISS DAISY” - Based on the Pulitzer Prize-winning play by [Alfred Uhry](#), [Driving Miss Daisy](#) affectionately covers the 25-year relationship between a wealthy, strong-willed Southern matron ([Jessica Tandy](#)) and her equally indomitable Black chauffeur, Hoke ([Morgan Freeman](#)). Both employer and employee are outsiders, Hoke because of the color of his skin, Miss Daisy because she is Jewish in a WASP-dominated society. At the same time, Hoke cannot fathom Miss Daisy's cloistered inability to grasp the social changes that are sweeping the South in the 1960s. Nor can Miss Daisy understand why Hoke's "people" are so indignant.

JULY 5 INDEPENDENCE DAY OBSERVED – CENTER CLOSED

JULY 7 TRIP TO MOHEGAN SUN CASINO -

First preference to members - \$30.00

Bus leaves Mamaroneck Harbor at 9:00am

Leaves Mohegan Sun Casino at 5:00pm back to Harbor by 7:00pm

Price includes \$15.00 food or free buffet and \$25.00 Free Bet

JULY 8 A BOOK AND IT'S MOVIE 12:40PM

“FRANKIE & JOHNNY” starring Al Pacino and Michelle Pfeiffer

Have a seat and be entertained for the afternoon. Rob will bring you another enjoyable film for your viewing pleasure!

JULY 9 – ICE CREAM SUNDAE BINGO BASH 12:45PM

Before BINGO enjoy a Make-Your-Own Sundae Treat!!!

\$1.00 must RSVP for ice cream treats \$1.00 per Bingo Board

JULY 12 A BOOK AND IT'S MOVIE 12:40PM

“ONLY YOU ” starring Robert Downey Jr. and Marisa Tomei

All you have to do is show up for a cool afternoon at the senior center theatre.

Rob brings only the best in cinema complete with popcorn!!

Concert at Memorial Park – 7:00pm T RAY & THE SMOKIN SECTION

8 piece horn rhythm & blues band. Transportation provided.

JULY 13 - SHOPPING TRIP – Destination – TBA

Shop to You Drop with Kathy! Leaving 12:30

Visiting Nurse – Angie Brown

JULY 15 ZUMBA GOLD – 1:00pm Laura is back with more fun

routines and music to enjoy while you exercise DON'T MISS IT!!!! –

Free to all our members- \$4.00 non-members

JULY 16 ANNUAL SENIOR CENTER BAR-B-QUE -12noon

Hosted and presented by the Town Administrator. A late July 4th treat for all our senior members. Enjoy your favorite summer specials grilled by Steve Altieri. Seating limited so RSVP early!!

JULY 19 A BOOK AND IT'S MOVIE 12:40PM

Hitchcock's “I CONFESS” starring Montgomery Cliff

Rob Goldstone will highlight details about this movie before you enjoy it!

Don't Miss It!!!

Concert at Memorial Park – 7:00 pm JIMMY AND THE PARROTS – best

Jimmy Buffet cover band on the east coast. - sponsored by Coxe & Graziano

Funeral Home. Transportation provided.

JULY 20 BUSINESS MEETING 12 Noon

Important Senior Center News all members invited to attend

All activities suspended during meeting.

COLD LUNCH will be served after meeting - 12:30.

Medicare Minute will take place immediately following the Business Meeting.

JULY 21 ART CLASS TRIP –

Hispanic Society of America Museum in New York City.

Check with Kathy or Maria to see if seats available for members of Senior Center

JULY 23 - MOVIE & MUNCHIES 1:00PM

“NO RESERVATIONS”, Kate Armstrong ([Catherine Zeta-Jones](#)) is the master chef who is equally intense both in and out of the kitchen. Though Kate's "Type A" personality serves her well when whipping up meals in the trendy Manhattan eatery where she has made a name for herself, it threatens to sink her when she is named as the guardian of her nine-year-old niece Zoe ([Little Miss Sunshine's](#) [Abigail Breslin](#)). To complicate matters, an impetuous new sous chef named Nick Palmer ([Eckhart](#)) has recently joined the kitchen staff and his freewheeling personality seems to stand in direct opposition to Kate's unwavering perfectionism.

JULY 26 BIRTHDAY/PIZZA/BINGO BASH 12:15pm

\$1.00 A SLICE/ EAT IN ONLY Come Celebrate all JULY Birthdays.

RSVP by 23RD FREE Bingo Board for JULY Birthday Gals and Guys.

Concert at Memorial Park – 7:00pm BOOKENDS – back by popular

demand, playing favorite rock & roll hits from 50's, 60's & 70's .

Transportation provided