

FUTURE DATES and EVENTS:

MARCH - National Nutrition Month

MARCH 2 - Movie – “THE WEDDING SINGER”

MARCH 13 - Tax Prep with Cindy Goldstein

MARCH 14 & 21 – Trip to Broadway Show – Jersey Boys

MARCH 20 - National Nutrition Day Presentation

**MARCH 23 - Restaurant Week – Trip to Arts Westchester Gallery
And Lunch at Restaurant “42” Ritz Carlton – White Plains**

**MARCH 29 - Restaurant Week –Lunch at X2O Xavier on
the Hudson**

IMPORTANT NEWS!!!!!!

SENIOR CENTER DUES –All dues should be paid by the end of January! Dues for 2012 will be \$30.00 for residents and \$50.00 for non-residents who are grandfathered in. A limited number of new non-residents will be allowed to join in 2012 according to the following:

Dues: \$75.00

Classes with a paid instructor will also have a “per class” fee

Special Events may have a slightly higher fee

Your dues help with some of the daily cost of running the center. This includes the daily coffee, all snacks and refreshments, supplies, movies, decorations and instructors for classes. We are also able to keep the cost of special events and trips as affordable as possible. Remember the Senior Center is open all year long, Monday-Friday except for holidays. The Town’s budget also plays a major role in financing the daily cost of our Senior Center (including the building, maintenance and staffing) and we are grateful for their commitment to our senior population.

INCLEMENT WEATHER CONDITIONS – If case of inclement weather always call the senior center for the latest update on late openings, early closings or cancellations. Senior Center - 834-8840

Welcome to the Town of Mamaroneck Senior Center Newsletter
“Senior Moments”

NEW TRANSPORTATION PROCEDURE – Starting in January of 2012 everyone will call the Senior Center for your daily transportation requests and grocery shopping. The Senior Center number 834-8840 will be used for transportation, lunch reservations, and any senior center questions.

MONDAYS –Advanced Italian – for the more advanced students.
Only Italian spoken throughout this class. Board Games

TUESDAYS – Bridge, Board Games

WEDNESDAY AM and PM shopping to Stop and Shop & CVS
If interested call 834-8840 the day before or by 9:00am on Wed. If you come for the Nutrition Program you may go shopping after your meal.

Poker at 10:30am Dancercise with Kathy
Art Class – Senior members work in different mediums of art.

THURSDAY – Tai Chi (First week of month on Friday)
Knitting, Bridge, Board Games,

FRIDAY – Special Events and Movies.

*****FOR ALL MEMBERS THAT HAVE RSVP FOR A TICKET TO
JERSEY BOYS ON MARH 14TH & MARCH 21ST
PAYMENT IS DUE MONDAY, FEBRUARY 27TH**

FEBRUARY 1 - ZUMBA GOLD –LAURA IS BACK!!!! 1:30pm

Do not miss this chance to sway with the beat and exercise with Laura – free for members – non-members \$5.00

**FEBRUARY 3 -GO GIANT’S DAY!!!!!! –Wear Your Favorite New York Giant’s Colors and cheer on our Super Bowl Giants
MOVIES AND MUNCHIES -12:45**

“VALENTINE’S DAY” [Gary Marshall](#)'s ensemble romantic comedy [Valentine's Day](#) follows nearly two dozen people as they find and lose love in all its many forms over the course of the title holiday. The numerous characters include a very busy florist ([Ashton Kutcher](#)) and his schoolteacher best friend ([Jennifer Garner](#)). She's having an affair with a married doctor ([Patrick Dempsey](#)). Meanwhile, a businessman ([Bradley Cooper](#)) and a military captain ([Julia Roberts](#)) on leave share a long conversation during an international flight. There's also an elderly couple ([Hector Elizondo](#) and [Shirley MacLaine](#)) who are caring for their elementary school-age grandson, who is pining for a classmate and missing his mother.

**FEBRUARY 6 - Larchmont Garden Club Presentation –
“Container Entertainers: Small Gardens” 1:00pm**

Refreshments – All Senior Center Members Invited

FEBRUARY 7- RE-ASSESSMENT PROJECT PRESENTATION

12noon Will include discussion in the following areas: Goals and Objectives of Project– Review of the Project Timeline - Review of the paperwork received by property owners to date Mass appraisal Standards and process , Sample tax illustrations Question and answers

FEBRUARY 8 – DANCERCISE IN PM– Enjoy all your favorite tunes and steps with Kathy’s Dancercise Program 1:00-2:00pm

FEBRUARY 10 – MOHEGAN SUN CASINO TRIP

First preference to members - \$32.00

Bus leaves Mamaroneck Harbor at 9:00am

Leaves Mohegan Sun Casino at 5:00pm

Back to Harbor by 7:00pm

Price includes, bag lunch food vouchers and Free Bet vouchers

FEBRUARY 13 – LINCOLN’S BIRTHDAY – CENTER CLOSED

FEBRUARY 14– VALENTINE’S LUNCHEON \$4.00 12noon

Music by “Bob Liggio”

Door Prizes Donated by the Harrison/Mamaroneck Rotary Club

Dessert Donated by Jen Graziano Mangano

Coxe and Graziano Funeral Home

FEBRUARY 15 - ZUMBA GOLD –LAURA IS BACK AGAIN! 1:30pm

Do not miss this chance to sway with the beat and exercise with Laura –

Free for members – non-members \$5.00

FEBRUARY 17 - Shop until you drop with Kathy!!

Destination to be Announced RSVP for seat on bus - \$1.00

**FEBRUARY 20 – WASHINGTON’S BIRTHDAY –
CENTER CLOSED**

**FEBRUARY 21 – MEDICARE MINUTE – Our own Mary Ann Larkin
Is back to bring us the latest in Medicare News**

BLOOD PRESSURE SCREENING –Our own Nurse Kathy Flynn will do blood pressure screening –bring your card if you have one.

11:00am -12noon AND 1:00-1:30pm ONLY

FEBRUARY 22 - DANCERCISE IN PM– Enjoy all your favorite tunes and steps with Kathy’s Dancercise Program 1:00-2:00pm

FEBRUARY 24 - ZUMBA GOLD –LAURA IS BACK FOR A THIRD TIME THIS MONTH! 1:30pm Do not miss this chance to sway with the beat and exercise with Laura – free for members – non-members \$5.00

FEBRUARY 27 - BIRTHDAY/PIZZA/BINGO

Celebrate all FEBRUARY Birthdays 12:15PM

RSVP by 26TH for pizza! \$1.25/slice (eat in only) Bingo Boards – \$1.00

FEBRUARY 28 –TAX PREP with Cindy Goldstein 10:30-12:00.
Cindy will be at the Center to assist our Seniors with their 2011 Income Tax Returns

FEBRUARY 29 – SENIOR PROM AT MAMARONECK HIGH SCHOOL - Early Evening Event – Dinner, Dancing, Prizes – See flyer at Senior Center – MUST RSVP in advance.