

February

Town of Mamaroneck Senior Center

1288 Boston Post Road, Larchmont, NY 10538
 SENIOR CENTER HOURS 10:30AM-3:30PM

(914) 834-8840

LUNCH SERVED 12:00 noon

2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CALL 834-8840 FOR TRANSPORTATION AND LUNCH RESERVATIONS!		1 SHOPPING & ART CLASSES POKER - 10:30 Game Room ZUMBA GOLD 1:30PM	2 BRIDGE ALL BOARD GAMES	3 GO GIANTS DAY!!! TAI CHI 10:30am MOVIE & MUNCHIES 12:45 "VALENTINE'S DAY"	4 
5 	6 Advanced Italian 12:00 Garden Club Presentation 1:00 ALL BOARD GAMES	7 TAX ASSESSMENT PRESENTATION 12noon LUNCH AT 11:45am BRIDGE/BOARD GAMES	8 SHOPPING & ART CLASS POKER-10:30 Game Room DANCERCISE 1:00	9 TAI CHI 10:30am BRIDGE BOARD GAMES	10 MOHEGAN SUN CASINO TRIP ARTS & CRAFTS	11 
12 	13 LINCOLN'S BIRTHDAY CENTER CLOSED	14 VALENTINE'S DAY LUNCHEON ALL ACTIVITIES SUSPENDED	15 SHOPPING -AM-regular PM- Shop Rite only POKER -10:30 ART CLASS ZUMBA GOLD 1:30PM	16 BRIDGE ALL BOARD GAMES	17 TAI CHI 10:30am SHOPPING TRIP 12:30PM ALL BOARD GAMES	18 
19 	20 WASHINGTON'S BIRTHDAY CENTER CLOSED	21 BRIDGE ALL BOARD GAMES Medicare Minute - 12:30	22 POKER-10:30 Game Room SHOPPING & PAINTING DANCERCISE 1:00	23 TAI CHI 10:30am BRIDGE BOARD GAMES	24 ZUMBA GOLD 1:30PM ALL BOARD GAMES	25 
26 	27 Advanced Italian 12:00 BINGO/BIRTHDAY & PIZZA BASH 12:15PM BOARD GAMES	28 BRIDGE ALL BOARD GAMES Tax Prep 10:30-12:00	29 POKER -10:30 Game Room SHOPPING & ART CLASS DANCERCISE 1:00?? SENIOR PROM AT MHS	1 BRIDGE ALL BOARD GAMES	2 TAI CHI 10:30am MOVIE & MUNCHIES 12:45' "THE WEDDING SINGER"	3 

Senior Center Coordinator: Maria Gallagher (914) 834-8840
 Senior Center Staff: Kathy Flynn, Diana Pantore
 Community Services Director: Anna Danoy
 Community Services Office: (914) 381-7840

DAILY ACTIVITIES AT SENIOR CENTER 10:30am-3:30pm
 Lunch at 12 Noon Coffee/Tea always available
 Board Games - Scrabble, Mah Jongg, Pokeno, Dominos, Card Games

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Baked Fish Tomato Wine Sauce Lentil Rice Pilaf Tossed Salad	2 Meatloaf Gravy Mashed Sweet Potato Buttered Kale	3 Chicken Paprika Gravy Hot German Potato Salad Green Beans	4 
5 	6 Stuffed Peppers Gravy Mashed Potatoes Carrots	7 LUNCH AT 11:45AM Chicken with honey mustard Potatoes Au Gratin Green Beans	8 Baked Chicken/BBQ Sauce Baked Beans Corn Nibbles	9 Scallops & Crab Stuffed Sole/Lemon Butter Sauce Orzo Pilaf Tossed Salad	10 Turkey Sandwich on Whole Wheat Carrot Raisin Salad Fresh Fruit	11 
12 	13 LINCOLN'S DAY CENTER CLOSED	14 VALENTINE'S MENU Roasted Turkey Gravy Bread Stuffing Creamed Spinach	15 Crispy Baked Cod Tarter Sauce Buttered Brown Rice Harvard Beets	16 Macaroni & Cheese Tossed Salad Spinach	17 Yankee Pot Roast Gravy Cabbage & Apples Mashed Potatoes	18 
19 	20 PRESIDENT'S DAY CENTER CLOSED	21 Breaded Chicken Cutlet New Orleans Sauce Red Beans & Rice Collard Greens	22 Spinach & Cheese Frittata Red Skin Potatoes Tossed Salad/chick peas	23 Breaded Pork Chops Gravy Sweet Potatoes Cauliflower	24 Baked Tilapia Lemon Butter Sauce Couscous Kale	25 
26 	27 Cheese & Broccoli Stuffed Chicken/Gravy Mashed Potatoes Mixed Vegetables	28 Beef Chili Brown Rice Green Beans	29 Fresh Roasted Ham Gravy Scalloped Potatoes Broccoli	1 Roast Turkey Gravy Sweet Potato Brussels Sprouts	2 Manicotti Tomato Sauce Tossed Salad/chickpeas Spinach	3 

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