

August

Town of Mamaroneck Senior Center

1288 Boston Post Road, Larchmont, NY 10538 (914) 834-8840
 SENIOR CENTER HOURS MONDAY- FRIDAY 10:00AM - 3:00PM

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5 POKER/BOARD GAMES TRIM & TONE WITH STEPHANIE 1:15 Outdoor Concert 7:00pm	6 BRIDGE MAH JONGG BOARD GAMES	7 DANCERCISE 10:30AM SHOPPING/ART CLASS STAY STRONG & FIT A- 1:00 & B- 2:00	8 TAI CHI 10- 11:00 POKER BRIDGE/BOARD GAMES ZUMBA GOLD 1:30	9 Lunch Trip to Echo Bay Island MAH JONGG/BOARD GAMES	10 
11 	12 POKER/BOARD GAMES TRIM & TONE WITH STEPHANIE 1:15	13 BRIDGE/MAH JONGG BOARD GAMES BLOOD PRESSURE 12:30- 1:00	14 DANCERCISE 10:30AM SHOPPING/ART CLASS STAY STRONG & FIT A- 1:00 & B- 2:00	15 TAI CHI 10- 11:00 POKER/BRIDGE BOARD GAMES	16 BRING YOUR GRANDCHILD DAY PIZZA BINGO & SURPRISES 12:00	17 
18 	19 POKER/BOARD GAMES TRIM & TONE WITH STEPHANIE 1:15	20 BRIDGE/MAH JONGG ALL BOARD GAMES Medicare Minute 12:30 ALL ACTIVITIES SUSPENDED & ATTENDANCE REQUIRED	21 DANCERCISE 10:30 SHOPPING/ART CLASS ZUMBA GOLD 1:30	22 TAI CHI 10- 11:00 POKER/BRIDGE BOARD GAMES	23 Lunch Trip to Echo Bay Island MAH JONGG/BOARD GAMES	24 
25 	26 POKER/BOARD GAMES TRIM & TONE WITH STEPHANIE 1:15	27 BRIDGE MAH JONGG BOARD GAMES	28 DANCERCISE 10:30 SHOPPING ART CLASS	29 TAI CHI 10- 11:00 POKER BRIDGE/BOARD GAMES ZUMBA GOLD 1:30	30 SOCK HOP Luncheon with PePe 12:00	31 
1 	2 LABOR DAY CENTER CLOSED	3 BRIDGE MAH JONGG BOARD GAMES	4 DANCERCISE 10:30 SHOPPING ART CLASS	5 TAI CHI 10- 11:00 POKER/BRIDGE BOARD GAMES	6 Lunch Trip to City Island MAH JONGG BOARD GAMES	7 

Senior Center Coordinator: Maria Gallagher (914) 834-8840
 Senior Center Staff: Kathy Flynn, Stephanie Hart, Carmen Medina
 Community Services Director: Anna Danoy
 Community Services Office: (914) 381-7840

SIGN UP NOW!!!!
DINNER THEATRE TRIP - Sept. 25th
“MAMBO ITALIANO”

Our Transportation Services are also funded by U.S. Department of Health & Human Services, New York State Office of the Aging, & the Westchester County Department of Senior Programs & Services