

April

# Town of Mamaroneck Senior Center

1288 Boston Post Road, Larchmont, NY 10538

(914) 834-8840

SENIOR CENTER HOURS MONDAY- FRIDAY 10:00AM - 3:30PM

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>1</b> Stuffed peppers Gravy Mashed Potatoes Mixed Veggies</p>	<p><b>2</b> Chicken Chow Mein White Rice Oriental Veggies</p>	<p><b>3</b> Italian Meatballs Tomato sauce Pasta Broccoli</p>	<p><b>4</b> Roasted Chicken Honey Mustard Au Gratin Potatoes Green bean Almondine</p>	<p><b>5</b> Baked Fish Buttered Grits Collard Greens</p>	<p><b>6</b> </p>
<p><b>7</b> </p>	<p><b>8</b> Breaded Chicken Cutlet Scalloped Potatoes Caribbean Veggies</p>	<p><b>9</b> Turkey a la King Brown rice Spinach</p>	<p><b>10</b> German Pork Chops Sauerkraut Roasted Potatoes Peas &amp; Onions</p>	<p><b>11</b> Salmon Burger Quinoa &amp; Kale Carrots with Dill</p>	<p><b>12</b> Manicotti Tomato Sauce Broccoli Tossed Salad/Chickpeas</p>	<p><b>13</b> </p>
<p><b>14</b> </p>	<p><b>15</b> Italian Chicken Sausage Tater Tots Peppers &amp; Onions</p>	<p><b>16</b> Baked Ziti/Ground Beef Tomato Sauce Broccoli</p>	<p><b>17</b> Country Chicken Red Beans &amp; Rice Caribbean Veggies</p>	<p><b>18</b> Baked Ham Raisin Sauce Scalloped Potatoes Green Bean Casserole</p>	<p><b>19</b> Baked Flounder Oreganata Chickpea raisin Couscous Glazed carrots</p>	<p><b>20</b> </p>
<p><b>21</b> </p>	<p><b>22</b> Salisbury Steak Gravy Mashed Potatoes Brussels Sprouts</p>	<p><b>23</b> Tuscan Chicken Pasta with Pesto Sauce Tuscan Veggies</p>	<p><b>24</b> Beef Brisket/Gravy Potato Pancakes Honey Carrots</p>	<p><b>25</b> Eggplant Parmigiana Tomato Sauce Broccoli/garlic Salad with chickpea</p>	<p><b>26</b> Roast Turkey Gravy Sweet Potatoes Cauliflower</p>	<p><b>27</b> </p>
<p><b>28</b> </p>	<p><b>29</b> Sole Florentine Lemon Butter Lentil Pilaf Stewed Tomatoes</p>	<p><b>30</b> Meatloaf/Gravy Sweet Mashed Potatoes Peas &amp; Onions</p>	<p><b>1</b> Honey Garlic Chicken Broccoli Brown Rice Carrots</p>	<p><b>2</b> Pork Chops Gravy Roasted Potatoes Creamed Spinach</p>	<p><b>3</b> Stuffed Shells Tomato Sauce Salad with Chickpeas Broccoli</p>	<p><b>4</b> </p>

Senior Center Coordinator: Maria Gallagher (914) 834-8840  
 Senior Center Staff: Kathy Flynn, Carmen Medina  
 Community Services Director: Anna Danoy  
 Community Services Office: (914) 381-7840

**YOU MUST CALL 834- 8840 FOR  
 TRANSPORTATION TO  
 SENIOR CENTER**

**CALL 834- 8840 TO MAKE A RESERVATION  
 FOR LUNCH by 1:00pm THE DAY BEFORE  
 Suggested contribution- \$3.00**