

August

Town of Mamaroneck Senior Center

2019

1288 Boston Post Road, Larchmont, NY 10538 (914) 834-8840
SENIOR CENTER HOURS MONDAY- FRIDAY 10:00AM - 3:00PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5 Italian Chicken Sausage Sautéed Red Peppers & Onions Baked Beans	6 Breaded Pork Chop Red Cabbage Mashed Potatoes	7 Baked BBQ Chicken Cheesy Grits Kale & Onions	8 Baked Ziti /w Ground Beef Tossed Salad Zucchini	9 Curried Egg Salad Carrot Raisin Salad Cucumber Salad	10 
11 	12 Vegetable & Cheese Frittata Tater Tots Stewed Tomatoes	13 Roast Turkey Sweet Potato Crumbled Cauliflower	14 Tuna Macaroni Salad Tossed Salad Three Bean Salad	15 Yankee Pot Roast Succotash Creamed Spinach	16 Baked Chicken Pesto Roasted Potatoes Lemon Parmesan Green Beans	17 
18 	19 Macaroni & Cheese Stewed Tomatoes Zucchini	20 Meatloaf /w Gravy Mashed Potatoes Peas & Carrots	21 Baked Flounder Oreganata Lentil Pilaf Sonoma Blend Veggies	22 Turkey Ruben Wrap Pasta & Veggie Salad Cucumber Salad	23 Crispy Baked Chicken Sweet Potato Collard Greens	24 
25 	26 Sole Florentine Lemon Butter Sauce Lentil Pilaf Honey Glazed Carrots	27 Mozzarella & Sliced Tomato Sandwich /w Pesto Sauce Potato Salad Green Bean Salad	28 Roasted BBQ Chicken Cole Slaw Baked Beans	29 Pork Chop Suey Brown Rice Oriental Mix Veggies	30 SPECIAL SOCK HOP LUNCHEON	31 
1 	2 Senior Center Closed Labor Day	3 Turkey Pasta Bake Zucchini L.S. V 8 Juice	4 Country Captain Chicken Rice Pilaf Carrots	5 Breaded Pork Chop Mashed Sweet Potatoes Green Cabbage	6 Eggplant Parmigiana Tossed Salad /w Chick Peas Broccoli Florets	1 

Senior Center Coordinator: Maria Gallagher (914) 834-8840
Senior Center Staff: Kathy Flynn, Stephanie Hart, Carmen Medina
Community Services Director: Anna Danoy
Community Services Office: (914) 381-7840

**YOU MUST CALL 834- 8840 FOR
TRANSPORTATION TO
SENIOR CENTER**

**CALL 834- 8840 TO MAKE A
RESERVATION FOR LUNCH
CONTRIBUTION- \$3.00**